# ELEVATED ELIXIRS



Welcome to Elevated Elixirs a collection of vibrant and flavorful alcohol-free beverages perfect for any occasion.

Whether you're hosting a party, enjoying a quiet evening at home, or simply looking for a refreshing drink to quench your thirst, these mocktail recipes are sure to delight your taste buds. From fruity punches to zesty spritzers, there's something here for everyone to enjoy.

Cheers to delicious, alcohol-free indulgence!





Paspberry ime Sparkler

1/2 cup fresh raspberries
1 tablespoon honey or agave syrup
1 tablespoon freshly squeezed lime juice
Club soda
Ice cubes
Lime slices and fresh raspberries for garnish

- 1. In a glass, muddle fresh raspberries with honey/agave syrup and lime juice to release their flavors.
- 2. Fill the glass with ice cubes.
- 3. Top with club soda and stir gently.
- 4. Garnish with lime slices and fresh raspberries. Sip and enjoy the tangy and refreshing flavors!



2 cups unsweetened cranberry juice
1 cup apple cider
1/4 cup orange juice
1/4 cup lemon juice
Splash of ginger ale or sparkling water
Apple slices and cranberries for garnish
Ice cubes

- In a pitcher, combine cranberry juice, apple cider, orange juice, and lemon juice. Stir well.
- 2. Chill in the refrigerator until ready to serve.
- 3. Fill glasses with ice cubes and pour the cranberry apple cider mixture over the ice.
- 4. Add a splash of ginger ale or sparkling water to each glass and stir gently.
- 5. Garnish with apple slices and cranberries. Serve chilled and enjoy the festive flavors!



1 cup fresh pineapple chunks
1 tablespoon freshly grated ginger
1 tablespoon honey or agave syrup
Sparkling water
Ice cubes
Pineapple wedges and fresh ginger slices for garnish

- 1.In a blender, combine pineapple chunks, freshly grated ginger, and honey/agave syrup. Blend until smooth.
- 2. Strain the mixture to remove any pulp, if desired.
- 3. Fill glasses with ice cubes and pour the pineapple-ginger mixture over the ice.
- 4. Top with sparkling water and stir gently.
- 5. Garnish with pineapple wedges and fresh ginger slices. Serve chilled and enjoy the tropical and invigorating flavors!



Pomegranate Citrus Sparkler

1/2 cup pomegranate juice
1/4 cup freshly squeezed orange juice
Splash of lime juice
Sparkling water
Ice cubes
Pomegranate arils and citrus slices for garnish

- 1.In a glass, combine pomegranate juice, orange juice, and lime juice.
- 2. Fill the glass with ice cubes.
- 3. Top with sparkling water and stir gently.
- 4. Garnish with pomegranate arils and citrus slices. Enjoy the tangy and refreshing flavors!



Minted Mango emonade

1 cup fresh mango chunks
8-10 fresh mint leaves
1/4 cup freshly squeezed lemon juice
2 tablespoons honey or agave syrup
Sparkling water
Ice cubes
Mango slices and mint sprigs for garnish

- 1.In a blender, combine mango chunks, mint leaves, lemon juice, and honey/agave syrup. Blend until smooth.
- 2. Strain the mixture to remove any pulp, if desired.
- 3. Fill glasses with ice cubes and pour the mango-mint mixture over the ice.
- 4. Top with sparkling water and stir gently.
- 5. Garnish with mango slices and mint sprigs. Serve chilled and enjoy the refreshing blend of mango and mint!



Ginger ime Sparkler

Ingredients

1 tablespoon freshly grated ginger
1/4 cup freshly squeezed lime juice
2 tablespoons honey or agave syrup
Club soda
Ice cubes
Lime wedges and fresh ginger slices for garnish

- In a glass, combine freshly grated ginger, lime juice, and honey/agave syrup.
- 2. Fill the glass with ice cubes.
- 3. Top with club soda and stir gently.
- 4. Garnish with lime wedges and fresh ginger slices. Enjoy the zesty and refreshing flavors!



avender emon Spritzer

1 tablespoon dried culinary lavender buds
1/4 cup honey or agave syrup
1/4 cup freshly squeezed lemon juice
Sparkling water
Ice cubes
Lemon slices and lavender sprigs for garnish

- 1. In a saucepan, combine dried lavender buds, honey/agave syrup, and lemon juice. Heat over medium heat until the mixture simmers.
- 2. Remove from heat and let steep for 10-15 minutes. Strain to remove lavender buds.
- Fill glasses with ice cubes and pour the lavender-infused syrup over the ice.
- 4. Top with sparkling water and stir gently.
- 5. Garnish with lemon slices and lavender sprigs. Serve chilled and enjoy the fragrant and floral flavors!



Berry Mint

Spritzer

1/2 cup mixed berries (strawberries, raspberries, blueberries)

8-10 fresh mint leaves

1 tablespoon honey or agave syrup

Sparkling water

Ice cubes

Mixed berries and mint sprigs for garnish

- 1.In a glass, muddle mixed berries and mint leaves with honey/agave syrup to release their flavors.
- 2. Fill the glass with ice cubes.
- 3. Top with sparkling water and stir gently.
- 4. Garnish with mixed berries and mint sprigs. Sip and enjoy the refreshing burst of berry and mint!



Peach Basil Lemonade

1 cup fresh peach slices
8-10 fresh basil leaves
1/4 cup freshly squeezed lemon juice
2 tablespoons honey or agave syrup
Sparkling water
Ice cubes

Peach slices and basil leaves for garnish

- 1.In a blender, combine peach slices, basil leaves, lemon juice, and honey/agave syrup. Blend until smooth.
- 2. Strain the mixture to remove any pulp, if desired.
- 3. Fill glasses with ice cubes and pour the peach-basil mixture over the ice.
- 4. Top with sparkling water and stir gently.
- 5. Garnish with peach slices and basil leaves. Serve chilled and enjoy the delightful blend of peach and basil flavors!



Tropical Punch

1/2 cup pineapple juice1/4 cup orange juice1/4 cup cranberry juiceSplash of grenadineSparkling waterIce cubes

Pineapple slices and orange wedges for garnish

- 1.In a glass, combine pineapple juice, orange juice, cranberry juice, and grenadine.
- 2. Fill the glass with ice cubes.
- 3. Top with sparkling water and stir gently.
- 4. Garnish with pineapple slices and orange wedges. Sip and enjoy the tropical medley of flavors!



1/2 cup blue sports drink (such as Gatorade or Powerade)
1/4 cup lemon-lime soda
Splash of lemonade
Ice cubes
Lemon slices and maraschino cherries for garnish

- 1. Fill a glass with ice cubes.
- 2. Pour blue sports drink and lemon-lime soda into the glass.
- 3. Add a splash of lemonade for extra sweetness and flavor.
- 4. Garnish with lemon slices and maraschino cherries. Serve immediately and enjoy the vibrant blue hue!



Minted Melon Cooler

2 cups cubed honeydew melon
8-10 fresh mint leaves
1 tablespoon lime juice
Sparkling water
Ice cubes
Melon balls and mint sprigs for garnish

- 1.In a blender, combine honeydew melon cubes, mint leaves, and lime juice. Blend until smooth.
- 2. Strain the mixture to remove any pulp, if desired.
- 3. Fill glasses with ice cubes and pour the melon-mint mixture over the ice.
- 4. Top with sparkling water and stir gently.
- 5. Garnish with melon balls and mint sprigs. Serve chilled and enjoy the refreshing blend of melon and mint!



1 cup fresh strawberries, hulled and halved
1/4 cup fresh basil leaves
1/4 cup freshly squeezed lemon juice
2 tablespoons honey or agave syrup
Sparkling water
Ice cubes
Strawberry slices and basil leaves for garnish

- 1. In a blender, combine strawberries, basil leaves, lemon juice, and honey/agave syrup. Blend until smooth.
- 2. Strain the mixture to remove any seeds or pulp, if desired.
- 3. Fill glasses with ice cubes and pour the strawberry-basil mixture over the ice.
- 4. Top with sparkling water and stir gently.
- 5. Garnish with strawberry slices and basil leaves. Serve chilled and enjoy the refreshing blend of flavors!



1/2 cup pineapple juice
1/2 cup coconut milk
Splash of lime juice
Sparkling water
Ice cubes
Pineapple slices for garnish

- 1. In a shaker, combine pineapple juice, coconut milk, and lime juice. Shake well.
- 2. Fill glasses with ice cubes and pour the pineapple-coconut mixture over the ice.
- 3. Top with sparkling water and stir gently.
- 4. Garnish with pineapple slices. Serve chilled and enjoy the tropical flavors!



2 cups cubed watermelon
8-10 fresh mint leaves
1/4 cup freshly squeezed lime juice
2 tablespoons honey or agave syrup
Sparkling water
Ice cubes
Watermelon wedges and mint sprigs for garnish

- 1. In a blender, combine watermelon cubes, mint leaves, lime juice, and honey/agave syrup. Blend until smooth.
- 2. Strain the mixture to remove any pulp, if desired.
- 3. Fill glasses with ice cubes and pour the watermelon-lime mixture over the ice.
- 4. Top with sparkling water and stir gently.
- 5. Garnish with watermelon wedges and mint sprigs. Serve chilled and enjoy the refreshing blend of watermelon and mint!



Citrus Sunrise

1/2 cup orange juice1/4 cup pineapple juiceSplash of grenadineOrange slicesMaraschino cherriesIce cubes

- 1. Fill glasses with ice cubes.
- 2. Pour orange juice and pineapple juice into each glass, dividing evenly.
- 3. Add a splash of grenadine to create a sunrise effect.
- 4. Garnish with orange slices and maraschino cherries. Serve immediately and enjoy the vibrant colors and citrusy flavors!



2 cups brewed peach tea, chilled
1 tablespoon freshly grated ginger
1 tablespoon honey or agave syrup
Peach slices
Ice cubes
Fresh mint leaves for garnish

- 1.In a pitcher, combine chilled peach tea, freshly grated ginger, and honey/agave syrup. Stir well.
- Add peach slices to the pitcher and refrigerate until ready to serve.
- 3. Fill glasses with ice cubes and pour the ginger peach tea over the ice.
- 4. Garnish with fresh mint leaves. Serve chilled and enjoy the refreshing combination of peach and ginger flavors!



Slueberry emon Sparkler

1/2 cup fresh blueberries
1 tablespoon honey or agave syrup

1 tablespoon freshly squeezed lemon juice Sparkling water Ice cubes

Lemon slices and blueberries for garnish

- 1.In a glass, muddle fresh blueberries with honey/agave syrup and lemon juice to release their flavors.
- 2. Fill the glass with ice cubes.
- 3. Top with sparkling water and stir gently.
- 4. Garnish with lemon slices and additional blueberries. Sip and savor the delightful blend of blueberry and lemon!



Paspberry Mint

1/2 cup fresh raspberries
8-10 fresh mint leaves
1 tablespoon honey or agave syrup
Club soda
Ice cubes
Fresh raspberries and mint sprigs for garnish

- 1.In a glass, muddle fresh raspberries and mint leaves with honey/agave syrup to release their flavors.
- 2. Fill the glass with ice cubes.
- 3. Top with club soda and stir gently.
- 4. Garnish with fresh raspberries and mint sprigs. Enjoy the fruity and effervescent sensation!



2 ripe kiwis, peeled and sliced
1 tablespoon honey or agave syrup
Juice of 2 limes
Sparkling water
Ice cubes
Kiwi slices and lime wedges for garnish

- In a blender, combine kiwi slices, honey/agave syrup, and lime juice. Blend until smooth.
- 2. Fill glasses with ice cubes and pour the kiwi-lime mixture over the ice.
- 3. Top with sparkling water and stir gently.
- 4. Garnish with kiwi slices and lime wedges. Enjoy the zesty and refreshing flavors!



1 cup fresh mango chunks
1/2 cup fresh pineapple chunks
1 tablespoon lime juice
Coconut water
Ice cubes
Pineapple wedges and mint leaves for garnish

- 1.In a blender, combine mango chunks, pineapple chunks, and lime juice. Blend until smooth.
- 2. Fill glasses with ice cubes and pour the mango-pineapple mixture over the ice.
- 3. Top with coconut water and stir gently.
- 4. Garnish with pineapple wedges and mint leaves. Serve chilled and savor the tropical goodness!



Hibiscus Tinger Punch

2 cups brewed hibiscus tea, chilled 1 tablespoon freshly grated ginger 1/4 cup honey or agave syrup 1/4 cup orange juice Sparkling water Ice cubes Fresh mint for garnish

- 1.In a pitcher, combine chilled hibiscus tea, freshly grated ginger, honey/agave syrup, and orange juice. Stir well.
- 2. Fill glasses with ice cubes and pour the hibiscus mixture over the ice.
- 3. Top with sparkling water and stir gently.
- 4. Garnish with fresh mint leaves. Serve chilled and enjoy the invigorating flavors!



Peach Basil Sparkler

1 ripe peach, sliced
4-5 fresh basil leaves
1 tablespoon honey or agave syrup
Sparkling water
Ice cubes
Peach slices and basil leaves for garnish

- 1. In a glass, muddle peach slices and basil leaves with honey/agave syrup to release their flavors.
- 2. Fill the glass with ice cubes.
- 3. Top with sparkling water and stir gently.
- 4. Garnish with peach slices and basil leaves. Enjoy the delightful combination of sweet peaches and aromatic basil!



Cucumber Mint Pefresher

Ingredients

1/2 cucumber, sliced
8-10 fresh mint leaves
1 tablespoon honey or agave syrup
1 tablespoon lime juice
Sparkling water
Ice cubes

- 1.In a blender, combine cucumber slices, mint leaves, honey/agave syrup, and lime juice. Blend until smooth.
- 2. Fill glasses with ice cubes and pour the mixture over the ice.
- 3. Top with sparkling water and stir gently. Garnish with cucumber slices and mint leaves.



Virgin Mojito

1/2 lime, cut into wedges 8-10 fresh mint leaves 2 tablespoons simple syrup Club soda Ice cubes

- 1. In a glass, muddle lime wedges and mint leaves to release their flavors.
- 2. Fill the glass with ice cubes.
- 3. Pour simple syrup over the ice and muddled ingredients.
- 4. Top with club soda and stir gently. Garnish with a sprig of mint and a lime wedge.

# **ELEVATE YOUR LIFE**

